主辦

資助

速 度 攀 登 錦 標 賽 2026

比賽日期 ： **2026 年 10 月 24 日 (隨機速度賽道)**
2026 年 10 月 25 日 (15 米 World Climbing 標準賽道)
比賽地點 ： 青衣西南體育館 (新界青衣涌美路 70 號)
報名 ： 填妥報名表並連同劃線支票 (抬頭"**中國香港攀山及攀登總會有限公司**")
寄回：香港銅鑼灣掃桿埔大球場徑一號奧運大樓 1013 室
獎項 ： 每組設有冠、亞及季軍 (少於四人參加之組別將會取消；僅有四至五人參加之組別，則只設冠軍)
截止日期 ： **2026 年 10 月 2 日 (星期五)** ***"以郵戳作準，逾期報名，恕不接受"***
查詢 ： 2504 8429
網頁 ： www.hkcmcu.org.hk

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組別	參賽資格	項目	報名費
男子體驗組	17 歲或以上 (2009 年或之前出生) (現役中國香港速度隊成員除外)	隨機速度賽道	$250
女子體驗組			
男子 15-16 歲	15-16 歲 (2010 年至 2011 年出生) (現役中國香港速度隊成員除外)		
女子 15-16 歲			
男子 14 歲或以下	14 歲或以下 (2012 年或之後出生)		
女子 14 歲或以下			
男子公開組	17 歲或以上 (2009 年或之前出生)	15 米 World Climbing 標準賽道	
女子公開組			
男子 15-16 歲	15-16 歲 (2010 年至 2011 年出生)		
女子 15-16 歲			

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備註：

1. **賽事資訊及出場順序**： 賽事資訊及出場順序將於賽事舉行**前五天**上載至香港攀山及攀登總會（HKCMCU）網頁（www.hkcmcu.org.hk）。參賽者須自行瀏覽網頁查閱最新消息。
2. 裝備： 所有參賽者必須自備安全帶及攀石鞋。如有需要，可向主辦單位租用安全帶，費用為每條港幣 $50 元。
3. **強制練習： 參賽者必須參加早上的練習方可進行比賽**。
4. **飲食限制**： 比賽區域內**嚴禁飲食**。
5. **比賽專屬背心**： 所有參賽者必須穿著官方比賽背心。自 2019 年起，大會將不再免費提供比賽背心。如欲購買，請另附港幣 $80 元之**劃線支票**，抬頭請註明「**中國香港攀山及攀登總會有限公司**」。參賽者亦可選擇穿著過往由本會主辦賽事之白色比賽背心。
6. **媒體與個人資料使用權**： 所有參賽者均須授權並同意總會（HKCMCU）將其肖像、姓名、聲音及個人簡介，用於與本會主辦或資助單位贊助之康樂活動有關的推廣及宣傳活動中。提交表格後如欲查閱或更改個人資料，請聯絡總會職員。
7. **保險**： 主辦單位已為本賽事投保公眾責任保險（第三者責任保險）。參賽者如需額外保障，建議**自行購買**個人意外保險。
8. **修訂權利**： 本會保留隨時修改上述章程之權利，恕不另行通知。

主辦 資助

Hong Kong Sports Climbing Competition – Speed 2026

Date : **October 24, 2026 (Random Speed Route)**
: **October 25, 2026 (15m World Climbing Route)**
Venue : Tsing Yi Southwest Sports Centre (70 Chung Mei Road, Tsing Yi, New Territories)
Enrollment : Mail the completed entry form together with a crossed cheque made payable to "**Hong Kong, China Mountaineering and Climbing Union Ltd.**" to Room 1013, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong.
Prize : 1st, 2nd and 3rd Prize in each category. (Any categories with less than 4 entries will be cancelled; For categories with only 4 or 5 entries, only 1st prize will be awarded.)
Deadline : Postmarked by **October 2, 2026 (Friday)**
"Late application will not be accepted"
Enquiries : 2504 8429
Web-site : www.hkcmcu.org.hk

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Category	Entry Requirement	Form of competition	Entry fee
Men's Explorer	Aged 17 or above (Born in 2009 or before) (Current Hong Kong, China Speed Team members are excluded)	Random Speed Route	HK$250
Women's Explorer			
Boy's Age 15-16	Aged 15-16 (Born in 2010-2011) (Current Hong Kong, China Speed Team members are excluded)		
Girl's Age 15-16			
Boy's U14	Aged 14 or below (Born in 2012 or later)		
Girl's U14			
Men's Open	Aged 17 or above (Born in 2009 or before)	15m World Climbing Route	
Women's Open			
Boy's Age 15-16	Aged 15-16 (Born in 2010-2011)		
Girl's Age 15-16			

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Remarks:

1. **Event Information & Starting Order**: The event information and starting order will be uploaded to the HKCMCU website (www.hkcmcu.org.hk) **five days prior to** the event. Participants are responsible for checking the website on their own.
2. **Equipment**: All participants must compete using their own harness and climbing shoes. Harness rental is available from the Organizer at **$50 each** if needed.
3. **Mandatory Practice: Participants must attend the morning practice session.**
4. **Food & Drinks**: No eating is allowed in the competition area.
5. **Competition Vest**: All participants must wear the official competition vest. From 2019 onward, official competition vests will no longer be provided free of charge. To purchase a vest, please provide a separate **crossed cheque for HK$80**, made payable to "**Hong Kong, China Mountaineering and Climbing Union Limited**". Alternatively, participants may wear a white competition vest from previous HKCMCU events.
6. **Media & Personal Data Rights**: All participants grant the HKCMCU the right to use their appearance, name, voice, and biographical data for promotional and publicity purposes related to activities organized by the Union or subvented parties. For data access or corrections after form submission, please contact the Union staff
7. **Insurance**: The Organizer has secured third-party liability insurance for the event. Participants are advised to purchase personal accident insurance if additional coverage is desired.
8. **Amendments**: The Union reserves the right to amend the above regulations at any time without prior notice.

主辦 資助

速 度 攀 登 錦 標 賽 2026
Hong Kong Sports Climbing Competition – Speed 2026
報名表 Entry Form

中文姓名 Name in Chinese: _____ 英文姓名 Name in English: _____
身份證號碼 (首 4 位數字或字母) I.D. Card No. (First 4 digits): _____ 出生年份 Year of Birth: _____ 年齡 Age: _____ 性別 Sex: _____
聯絡電話 Contact No.: _____ 電郵 Email: _____
緊急聯絡人姓名 Emergency contact: _____ 關係 Relationship: _____ 聯絡電話 Contact No.: _____

Random Speed Route	☐ 1) Men's Explorer	☐ 2) Women's Explorer
	☐ 3) Boy's Age 15-16	☐ 4) Girl's Age 15-16
	☐ 5) Boy's U14	☐ 6) Girl's U14
15m World Climbing Route	☐ 7) Men's Open	☐ 8) Women's Open
	☐ 9) Boy's Age 15-16	☐ 10) Girl's Age 15-16

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比賽專屬背心： 所有參賽者必須穿著官方比賽背心。自 2019 年起，大會將不再免費提供比賽背心。如欲購買，請另附港幣 $80 元之劃線支票，抬頭請註明「中國香港攀山及攀登總會有限公司」。參賽者亦可選擇穿著過往由本會主辦賽事之白色比賽背心。Competition Vest: All participants must wear the official competition vest. From 2019 onward, official competition vests will no longer be provided free of charge. To purchase a vest, please provide a separate crossed cheque for HK$80, made payable to "Hong Kong, China Mountaineering and Climbing Union Limited". Alternatively, participants may wear a white competition vest from previous HKCMCU events.

另購比賽背心尺碼 Competition vest size for purchase:

碼 / 胸闊	2	3	4	5	6	2XS	XS	S	M	L	XL	2XL
請加✓號												

比賽背心尺碼表請參考以下網頁:
Please refer to the following website for the competition vest size chart:
http://hkcmcu.org.hk/images/465/competition_vest_size_chart.jpg

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聲明：本人謹此聲明，本人的健康及體能良好，適宜參加上述賽事。
Declaration: I hereby declare that I am physically fit and healthy, suitable to participate in the competition.

簽署 Signature: _____ 日期 Date: _____

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家長或監護人簽署「同意書」 (未滿十八歲者，必須簽署)
Parents' or guardian's signature is required for participant under 18

本人謹此聲明，本人同意申請人參加上述活動，並聲明他 / 她的健康及體能良好，適宜參加上述活動。
I hereby declare that I permit the participant to take part in the event and physically fit and healthy, suitable to participate in the event.

家長/監護人姓名 Parents/Guardian's Name: _____ 簽署 Signature: _____
關係 Relationship: _____ 日期 Date: _____