速度攀登錦標賽 2026

賽員須知

賽事以 World Climbing 賽例 2026 v3 及賽事規則 v3 為藍本。但比賽場次、時間及入圍人數，將依據參賽人數而有所更改，並以比賽當日裁判長之宣佈為準。

(1) 賽員有責任自行熟讀賽例。

World Climbing 賽例 2026 v3:https://images.ifsc-climbing.org/ifsc/image/private/t_q_good/prd/jaq7awz9jmqwpddwnbpr.pdf

World Climbing 賽事規則 v3: https://images.ifsc-climbing.org/ifsc/image/private/t_q_good/prd/brsjsyh2ea4fxinl8nsa.pdf

(2) 賽員必須參加早上的練習方可進行比賽。

(3) 賽員必須於練習及比賽期間穿著大會指定之出賽背心。

(4) 號碼布、比賽白色背心(如已訂購)將於報到時派發。

(5) 號碼布必須於練習及比賽期間扣在背面及其號碼須被清晰展示。

(6) 賽員須自備個人攀爬器材，包括安全帶、攀石鞋、粉袋等。如有需要，可向大會租用安全帶，費用$50，請於報到時向工作人員提出，並請於比賽完結後歸還。

(7) 賽員必須穿著攀石鞋進行練習及作賽。攀石場範圍外，請勿穿著攀石鞋。

(8) 賽員必須遵守工作人員的指示。任何違反規則或指示的賽員，均可能會被發黃牌 / 紅牌警告。

(9) 攀石場範圍內不准進食。賽員須自備飲用水。

(10) 除得到大會批准外，場內嚴禁攝錄。

(11) 除賽員及工作人員外，如非得到裁判長許可，其他人士嚴禁進入比賽範圍。

(12) 請保持場地清潔。

(13) 得獎者必須穿著包趾鞋出席頒獎禮。

(14) 大會將會於比賽現場及網上公佈比賽成績，可透過下方連結或二維碼查閱網上成績公佈。

(15) 有關技術事故及賽員表現之上訴，必須即時提出。而有關公佈之成績及名次的上訴，必須在該項賽事成績公佈後 5 分鐘內以書面提出及向大會繳交**港幣伍佰圓**之上訴費。如上訴得值，上訴費會發還予上訴人。

(16) 上訴事項會由裁判長處理，作出最終裁決。

(17) 如香港天文台於比賽當日首節報到時間前兩小時發出紅色暴雨警告、黑色暴雨警告、八號預警、八號或以上熱帶氣旋警告信號，當日賽事將會取消。

(18) 如環保署公佈空氣質素健康指數為(7) / (8-10) / (10+)，即健康風險級別為「高」/「甚高」/「嚴重」時，賽事將如常舉行。由於空氣污染對不同人士的影響不一，如賽員有疑問或感到不適，宜徵詢醫生的意見。

(19) 大會已為賽事購買第三者保險。如有需要，賽員須自行購買個人保險。

(20) 有關賽事之一切事宜，大會保留最終決定權。

比賽成績：

速度攀登錦標賽 2026 比賽成績

Hong Kong Sports Climbing Competition – Speed 2026
Event Information

The World Climbing International Rules 2026 v3 and Event Regulations v3 shall apply to this competition. However, the number of rounds, schedule and qualification quota may be adjusted subject to the number of entries. The final arrangement will be announced by the Jury President on the day of the competition.

(1) Competitors have the responsibility to study thoroughly the competition rules.
World Climbing Competition Rule 2026v3 : https://images.ifsc-climbing.org/ifsc/image/private/t_q_good/prd/s3ihxcisocdpc8ty6mtg.pdf
Event Regulation v3.0: https://images.ifsc-climbing.org/ifsc/image/private/t_q_good/prd/ypdexiolm2viggen95iz.pdf
(2) Competitors must attend the morning practice session.
(3) Competitors must wear the competition white vest during the practice and competition.
(4) The bib number and competition vest (if ordered) will be distributed during registration.
(5) The no. bib must be buckled to the back of the competition vest and the number must be clearly displayed during the practice and competition.
(6) Competitors shall bring their own climbing equipment, i.e., harness, climbing shoes, chalk bag etc. Harness is available with a rental fee of HK$50 if needed, please indicate during registration, and return after the completion of competition.
(7) Competitors must wear climbing shoes for the practice and competition. Do not wear the climbing shoes outside the climbing wall area.
(8) Competitors must comply with all the instructions given by the event officials. A yellow or red card warning will be given to competitors who violate the rules or guidelines.
(9) No eating is allowed in the climbing wall area. Competitors shall bring their own drinking water.
(10) Photo-taking and video recording are not allowed at the venue without the organizer's permission.
(11) Only competitors and officials are allowed to enter the competition area. Exceptions can be authorized by the Jury President.
(12) Please keep the venue clean and tidy.
(13) All medallists must wear closed shoes.
(14) The competition results will be released at the venue and uploaded on the internet. Please browse the link or use the QR code provided below to obtain the results from the webpage.
(15) Any appeals against the technical incident and competitor's performance shall be raised immediately. Any appeals against the published results and ranking shall be raised within 5 minutes of the publication of the official results by written form together with an appeal fee of **HK$500**. If the appeal is upheld, the appeal fee shall be returned.
(16) The Jury President shall make the final decision of any appeals.
(17) If the Hong Kong Observatory issues the Red Rainstorm Warning Signal, Black Rainstorm Warning Signal, the Pre-No. 8 Special Announcement, or Tropical Cyclone Warning Signal No. 8 or above two hours before the first registration session, the competition will be cancelled.
(18) If the Air Quality Health Index reported by the Environmental Protection Department is high (7), very high (8-10) and serious (10+), the competition will be run as scheduled. As the health effects on individuals may vary, competitors should seek advice from a medical doctor if they are in doubt or feel uncomfortable.
(19) Third-party insurance is covered by the organizer. Competitors shall take up their own personal insurance if necessary.
(20) All affairs related to the competition will be determined and finalized by the organizer only.

Competition Results：

Hong Kong Sports Climbing Competition – Speed 2026 Results