



中國香港攀繩

主辦
Organizer

第38屆香港運動攀登公開賽

38th Hong Kong Open Sport Climbing Competition

兆麟體育館 (屯門兆麟街19號屯門兆麟政府綜合大樓3樓)

2026年3月7日及8日 (星期六及日)

暫定賽程 Provisional Schedule



康樂及文化事務署
Leisure and Cultural
Services Department



資助

Subvented by

時間 Time	項目 Event
Qualification	7-Mar-26
8:30	女子11-12歲、女子13-14歲 初賽報到開始 Registration Open for Girls' Age 11-12 and Girls' Age 13-14 Qualification
8:45	女子11-12歲、女子13-14歲 初賽報到結束 Registration Close for Girls' Age 11-12 and Girls' Age 13-14 Qualification
9:00	男子初級組、男子11-12歲、男子13-14歲 初賽報到開始 Registration Open for Men's Amateur, Boys' Age 11-12, Boys' Age 13-14 Qualification
9:15	男子初級組、男子11-12歲、男子13-14歲 初賽報到結束 Registration Close for Men's Amateur, Boys' Age 11-12, Boys' Age 13-14 Qualification
9:30	女子11-12歲、女子13-14歲 初賽開始 Girls' Age 11-12 and Girls' Age 13-14 Qualifications Start
10:15	男子11-12歲、男子13-14歲 初賽開始 Boys' Age 11-12, Boys' Age 13-14 Qualifications Start
10:45	男子初級組 初賽開始 Men's Amateur Qualifications Start
12:45	男子15-16歲、女子15-16歲、男子公開組、女子公開組 初賽報到開始 Registration Open for Boys' Age 15-16, Girls' Age 15-16, Men's Open, Women's Open Qualification
13:00	男子15-16歲、女子15-16歲、男子公開組、女子公開組 初賽報到結束 Registration Close for Boys' Age 15-16, Girls' Age 15-16, Men's Open, Women's Open Qualification
14:00	男子15-16歲、男子公開組 初賽開始 Boys' Age 15-16, Men's Open Qualification Start
14:30	女子15-16歲 初賽開始 Girls' Age 15-16 Qualification Start
15:00	女子公開組 初賽開始 Women's Open Qualification Start



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政府贊助計劃
Government-sponsored
programme

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Final	8-Mar-26
9:00	男子初級組、男女子15-16歲、男女子13-14歲、男女子11-12歲 決賽報到開始 及 隔離區開放 Registration Open for Men's Amateur, Boys' & Girls' Age 15-16, Boys' & Girls' Age 13-14, Boys' & Girls' Age 11-12 Final & Isolation Open
9:15	男子初級組、男女子15-16歲、男女子13-14歲、男女子11-12歲 隔離區關閉 Isolation Close for Men's Amateur, Boys' & Girls' Age 15-16, Boys' & Girls' Age 13-14, Boys' & Girls' Age 11-12
9:45	男子初級組、男女子15-16歲、男女子13-14歲、男女子11-12歲 參加者介紹 及 觀線 Participants of Men's Amateur, Boys' & Girls' Age 15-16, Boys' & Girls' Age 13-14, Boys' & Girls' Age 11-12 Presentation and Observation time
10:00	男子初級組、男女子15-16歲、男女子13-14歲、男女子11-12歲 決賽 Men's Amateur, Boys' & Girls' Age 15-16, Boys' & Girls' Age 13-14, Boys' & Girls' Age 11-12 Final Start
13:00	男女子公開組 決賽報到開始 及 隔離區開放 Registration Open for Open for Men's and Women's Open Final & Isolation Open
13:15	男女公開組 隔離區關閉 Isolation Close for Open for Men's and Women's Open Final
14:00	男女公開組 參加者介紹 及 觀線 Participants of Open for Men's and Women's Open Final Presentation and Observation time
14:15	男女公開組 決賽 Open for Men's and Women's Open Final Start
16:00	頒獎 Prize Presentation