

# 第 38 屆香港運動攀登公開賽

## 參賽者須知

賽事將主要以 [IFSC 賽例 2026 v3](#) 及 [IFSC 國際賽事規則 v3](#) 為藍本。但比賽場次、時間及入圍人數，將依據參賽人數而有所更改，並以技術會議之宣佈為準。

- (1) 參賽者有責任自行熟讀賽例。  
IFSC 賽例 2026 v3: [https://images.ifsc-climbing.org/ifsc/image/private/t\\_q\\_good/prd/jaq7awz9jmqwppdwnbpr.pdf](https://images.ifsc-climbing.org/ifsc/image/private/t_q_good/prd/jaq7awz9jmqwppdwnbpr.pdf)  
IFSC 國際賽事規則 v3: [https://images.ifsc-climbing.org/ifsc/image/private/t\\_q\\_good/prd/brsjsyh2ea4fxinl8nsa.pdf](https://images.ifsc-climbing.org/ifsc/image/private/t_q_good/prd/brsjsyh2ea4fxinl8nsa.pdf)
  - (2) 參賽者必須穿著大會指定之出賽背心。
  - (3) 參賽者須自行保管號碼布供所有比賽日使用，並且比賽期間號碼布需扣在背面及其號碼需被清晰展示。
  - (4) 所有參賽者必須穿著攀石鞋作賽。除攀石場範圍內，請勿穿著攀石鞋。
  - (5) 參賽者須自備個人器材，包括安全帶、攀石鞋、粉袋等。如有需要，可向大會租用安全帶，請於報到時向工作人員提出。
  - (6) 所有技術事故及有關運動員表現之上訴，必須即時提出。而對公佈之成績及名次之上訴，必須在該賽事成績公佈後之五分鐘內(初賽及決賽)以書面提出及向大會繳交港幣伍佰圓之上訴費。如上訴得值，上訴費會發還予上訴人。如上訴失敗，上訴費將不予發還。
  - (7) 上訴事項會由裁判長處理，作出最終裁決。
  - (8) 參賽者必須遵守工作人員的指示。
  - (9) 號碼布、比賽白色背心將於報到時派發及如需租用安全帶請於報到時提出。
  - (10) 參賽者於攀石場範圍不准進食，請自備飲用水。
  - (11) 除參賽者及工作人員外，如非得到裁判長許可，其他人士嚴禁進入比賽範圍。比賽完畢後，參賽者亦請儘快離開比賽範圍。
  - (12) 除得到大會批准外，場內嚴禁攝錄。
  - (13) 參賽者請出席於 **2026 年 3 月 5 日晚上 7 時 30 分**舉行的**網上技術會議**，請瀏覽以下網址：  
<https://chkmcu.my.webex.com/chkmcu.my-tc/j.php?MTID=ma348dcbccede4ed55f7acf83b6f0b8a8>
  - (14) 熱身區將不設示範片段播放。大會將於 **2026 年 3 月 7 日上午 6 時**開始，於網上播放比賽線道的示範片段，請瀏覽以下網址：<https://www.youtube.com/channel/UCZa12d2eql9Lshff4O-SUKg>
  - (15) 比賽成績將會上載於本會網址，亦可使用下方二維碼，請自行瀏覽：  
<https://hkmcu.org.hk/hk/news/all/680-38>
  - (16) 請保持場地清潔。
  - (17) 賽員觀線及出席頒獎禮必須穿著包趾鞋，各項賽事的頒獎禮將設於整場比賽完成後進行。
  - (18) 任何違反規則或指示的參賽者，均可能會被發黃牌 / 紅牌警告。
  - (19) 大會只購買第三者保險，如有需要，參賽者須自行購買個人之參賽保險。
  - (20) 如天文台在比賽當日早上七時發出紅色、黑色暴雨、八號風球或以上之訊號，當日賽事將會取消。
  - (21) 如環保署公佈空氣質素健康指數為(7)/(8-10)/(10+)，即健康風險級別為「高」/「甚高」/「嚴重」時，賽事將如常舉行。由於空氣污染對不同人士的影響不一，如有疑問或感到不適，宜徵詢醫生的意見。
  - (22) 有關比賽的一切事宜，以大會的最終判決為準。
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# 38th Hong Kong Open Sport Climbing Competition

## Notes to Participants

The [IFSC Rules 2026 v3](#) and [IFSC COMPETITION REGULATIONS INTERNATIONAL EVENTS v3](#) will be applied in this competition. However, the number of rounds, climbing time and quota shall be adjusted according to the number of participants enrolled. The final decision will be announced on the technical meeting.

- (1) Participants have the responsibility to study thoroughly the competition rules:  
IFSC Rules 2026 v3:  
[https://images.ifsc-climbing.org/ifsc/image/private/t\\_q\\_good/prd/jaq7awz9imgwpddwnbpr.pdf](https://images.ifsc-climbing.org/ifsc/image/private/t_q_good/prd/jaq7awz9imgwpddwnbpr.pdf)  
IFSC COMPETITION REGULATIONS INTERNATIONAL EVENTS v3:  
[https://images.ifsc-climbing.org/ifsc/image/private/t\\_q\\_good/prd/brsjsyh2ea4fxinl8nsa.pdf](https://images.ifsc-climbing.org/ifsc/image/private/t_q_good/prd/brsjsyh2ea4fxinl8nsa.pdf)
- (2) Participants must wear the competition white vest.
- (3) Participants are required to keep their own no. bib for whole competition. The no. bib must be buckled to the back of the competition vest and the number must be clearly displayed.
- (4) All participants must bring their own climbing equipment, such as harness, climbing shoes, chalk bag etc. Harness is available for rental, please indicate during registration.
- (5) Participants must wear climbing shoes for the competition. Do not wear the climbing shoes outside the climbing wall area.
- (6) Any appeal against the technical incident and participants's performance shall be raised immediately. Any appeal against the published result and ranking shall be raised within 5 minutes (Qualification and Final) of the publication of the Official Results by written form together with an appeal fee of **HK\$500**. If an appeal is upheld, the appeal fee shall be returned. If an appeal is rejected, the appeal fee shall not be returned.
- (7) The Jury President shall make the final decision of any appeal.
- (8) Participants must comply with all the instructions given by event officials.
- (9) The no. bib, competition white vest will be given during registration. Please indicate during registration if you need to rent a harness.
- (10) No eating is allowed in the competition area.
- (11) Only participants and officials are allowed to enter the competition area.
- (12) Recording and photographing are not allowed in the site without organizer's permission.
- (13) All participants please attend the **Online Technical Meeting at 07:30 pm on 5 March 2026**, please visit the following link:  
<https://chkmcu.my.webex.com/chkmcu.my-tc/j.php?MTID=ma348dcbccede4ed55f7acf83b6f0b8a8>
- (14) The demonstration videos will be uploaded after **6:00 am on 7 March 2026**, please visit the link below:  
<https://www.youtube.com/channel/UCZa12d2eql9Lshff4O-SUKg>
- (15) The competition result will be released at: <https://hkcmcu.org.hk/hk/news/all/680-38>
- (16) Please keep the venue clean and tidy.
- (17) Competitors must wear closed shoes present observation period and prize presentation ceremony. Prize Presentation Ceremony will be held after all the competition events finished,
- (18) A yellow or red card warning will be given to competitors who violate the rules or guidelines.
- (19) A third-party insurance shall cover the competition. Participants may seek for their own personal insurance if necessary.
- (20) When the Red, Black Rainstorm Signal, Typhoon No. 8 or above signal is issued at 7:00am, the competition on that day will be cancelled.
- (21) IF the Air Quality Health Index in Hong Kong is high (7), very high (8-10) and serious (10+), the competition will be run as scheduled. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.
- (22) All affairs related to the competition will be determined & finalized by the panel only.

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比賽成績  
Competition Result

