



主辦



資助

速度攀登錦標賽 2025

練習日期 : 2025 年 11 月 9 日 (星期日) 上午
比賽日期 : 2025 年 11 月 9 日 (星期日) 下午
比賽地點 : 天水圍天暉路體育館 (新界天水圍天瑞路 63 號)
報名 : 填妥報名表並連同劃線支票 (抬頭“中國香港攀山及攀登總會有限公司”) 寄回 : 香港銅鑼灣掃桿埔大球場徑一號奧運大樓 1013 室
獎項 : 每組設有冠、亞及季軍 (少於四人參加之組別將會被取消; 只有四至五人參加之組別, 只設冠軍)
截止日期 : 2025 年 10 月 17 日 (星期五) “以郵戳為準, 逾期報名, 恕不接受”
查詢 : 2504 8429
網頁 : www.hkcmcu.org.hk

組別	參賽資格	項目	報名費
M - 15+	15 歲或以上 (以年份計算 2010 年或之前出生)	速度 (15 米 成人賽道)	\$250
F - 15+			

備註 :

1. 賽員須知及出場序將於比賽前 5 個工作天上載於總會網站 www.hkcmcu.org.hk , 參加者必須自行瀏覽。
2. 參加者須自備安全帶及攀石鞋作賽。大會將備有少量安全帶供租用, 費用每次\$50。
3. 賽員必須出席練習方可進行比賽。
4. 比賽範圍內不准進食。
5. 賽員必需穿著大會指定比賽背心。由 2019 年起, 大會將不再免費提供比賽背心, 賽員需另付\$80 購買。你亦可穿著過往參與攀總比賽的白色比賽背心。
6. 所有參加者同意授權予總會使用其肖像、姓名、聲線及所提供的資料只用於本會與資助機構的康體活動報名事宜及活動宣傳之用。在遞交申請表後, 如欲更改或查詢你的個人資料, 可與本會職員聯絡。
7. 大會已為活動購買第三者責任保險。如有需要, 參加者請自行購買所需保險。
8. 如以上資料有未盡善之處, 大會有權隨時修改, 無須另行通知。



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康樂及文化事務署
Leisure and Cultural
Services Department

資助

National Climbing Competition – Speed 2025

Practice date : **November 9, 2025 (Sunday) Morning**
 Date : **November 9, 2025 (Sunday) Afternoon**
 Venue : Tin Fai Road Sports Centre (63 Tin Shui Road, Tin Shui Wai)
 Enrollment : Mail the completed entry form together with a crossed cheque made payable to “**Hong Kong, China Mountaineering and Climbing Union Ltd.**” to Room 1013, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong.
 Prize : 1st, 2nd and 3rd Prize in each category. (For those categories with less than 4 entries, those categories will be cancelled; For those categories with only 4 or 5 entries, only 1st prize will be awarded.)
 Deadline : Postmarked by **October 17, 2025 (Friday)**
“Late application will not be accepted”
 Enquiries : 2504 8429
 Web-site : www.hkcmcu.org.hk

Category	Entry Requirement	Form of competition	Entry fee
M - 15+	Aged 15 or above (Born in 2010 or before)	Speed (15m Adult Route)	HK\$250
F - 15+			

Remarks:

- Event information & starting order shall be uploaded on HKCMCU website: www.hkcmcu.org.hk, 5 days before the day of the event. Participants must browse on their own.**
- All participants are required to compete with their own harness and climbing shoes. You may rent the harness @\$50 from the Organizer if needed.**
- Participants Must take part in practice.**
- No eating is allowed in competition area.
- All participants must wear the competition vest.** From 2019 onward, the Organizer will charge \$80 for each competition vest. You may also wear the previous HKCMCU competitions' white vest.
- All participants grant the permission and assign all rights, title and interest to the HKCMCU to utilize their appearance, names, voice, bio-data likeness in connection with the competition in any promotion and publicity of recreation and sports activities organized by our Union and subvented parties. For correction of or access to personal data after submission of this form, please contact the staff of the Union.
- The organizer has taken out the third-party insurance for the event. Participants can take out an insurance by yourself if needed.
- In case of any deficiency, our Union reserves the right to amend the above information at any time without further notice.



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National Climbing Competition – Speed 2025

報名表 Entry Form

中文姓名 _____ 英文姓名 _____
 Name in Chinese: _____ Name in English: _____
 身份證號碼 (首 4 位數字或字母) _____ 出生年份 _____ 年齡 _____ 性別 _____
 I.D. Card No. (First 4 digits or letters): _____ Year of Birth: _____ Age: _____ Sex: _____
 聯絡電話 _____ 電郵 _____
 Contact No.: _____ Email: _____
 緊急聯絡人姓名 _____ 關係 _____ 聯絡電話 _____
 Emergency contact: _____ Relationship: _____ Contact No.: _____

比賽組別 Category:	☐ 1) M – 15+	☐ 2) F – 15+
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由 2019 年起，大會將不再免費提供出賽背心。如有需要，請另附支票\$80 購買，抬頭“中國香港攀山及攀登總會有限公司”。你亦可穿著過往參與攀總比賽的白色比賽背心。From 2019 onward, the Organizer will not provide free competition vest. If you need to purchase, please prepare **another \$80 cross cheque** made payable to “Hong Kong, China Mountaineering and Climbing Union Limited”. You may also wear the past HKCMCU competitions' white vest.

另購比賽背心尺碼 Competition vest size for purchase:

碼 / 胸闊	2	3	4	5	6	2XS	XS	S	M	L	XL	2XL
請加✓號												

比賽背心尺碼表請參考以下網頁: http://hkcmcu.org.hk/images/465/competition_vest_size_chart.jpg

聲明：本人謹此聲明，本人的健康及體能良好，適宜參加上述賽事。**Declaration:** I hereby declare that I am physically fit and healthy, suitable to participate in the competition.

簽署 _____ 日期 _____
 Signature: _____ Date: _____

家長或監護人簽署「同意書」(未滿十八歲者，必須簽署)**Parents' or guardian's signature is required for participant under 18**

本人謹此聲明，本人同意申請人參加上述活動，並聲明他 / 她的健康及體能良好，適宜參加上述活動。

I hereby declare that I permit the participant to take part in the event and physically fit and healthy, suitable to participate in the event.

家長/監護人姓名 _____ 簽署 _____
 Parents/Guardian's Name: _____ Signature: _____
 關係 _____ 日期 _____
 Relationship: _____ Date: _____