



主辦

# 第 34 屆 香港 運動 攀登 公開 賽



資助

比賽日期 : 2023 年 2 月 5 日 (星期日)  
 比賽地點 : 荃灣體育館 (荃灣永順街 53 號)  
 報名 : 填妥報名表並連同劃線支票 (抬頭“中國香港攀山及攀登總會有限公司”) 寄回 : 香港銅鑼灣掃桿埔大球場徑一號奧運大樓 1013 室  
 獎項 : 每組設有冠、亞及季軍 (少於五人參加之組別, 只設冠軍一名)  
 名額 : 100 人  
 截止日期 : 2023 年 1 月 26 日 (星期四) “以郵戳為準, 逾期報名, 恕不接受”  
 查詢 : 2504 8427  
 網頁 : [www.chkmcu.org.hk](http://www.chkmcu.org.hk)

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組別	參賽資格	項目	報名費
男子公開組	16 歲或以上 (2007 年或之前出生) 或 集訓隊成員 (年齡不限)	難度 - 領攀	HK\$350
女子公開組			
男子初級組	16 歲或以上 (2007 年或之前出生) 及 未曾在攀總舉辦之難度賽公開 或初級組別中獲得任何獎項		
女子初級組			
男子 12-15 歲	12-15 歲 (2008 年至 2011 年出生)		HK\$200
女子 12-15 歲			

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### 備註 :

1. 賽員須知及出場序將於比賽前 5 個工作天載於總會網站 [www.chkmcu.org.hk](http://www.chkmcu.org.hk), 參加者必須自行瀏覽。
2. 每人只可參加一個組別。
3. 隔離區及比賽範圍不可進食。
4. 參加者於比賽前一星期內不可擅自進入比賽場地。
5. 賽員必需穿著大會指定白色比賽背心。由 2019 年起, 賽員需另付 \$80 購買白色比賽背心。你亦可穿著過往參與攀總比賽的白色比賽背心。
6. 參加者須自備安全帶及攀石鞋作賽。大會將備有少量安全帶供租用, 費用 \$50。
7. 注意個人防疫措施, 以減低病毒傳播風險。
8. 賽事有機會受疫情影響而需要延期或取消, 報名費將獲退回; 如有需要, 將會適時公佈有關安排。
9. 你所提供的資料只用於本會與合辦機構的康體活動報名事宜及活動宣傳之用。在遞交申請表後, 如欲更改或查詢你的個人資料, 可與本會職員聯絡。
10. 如以上資料有未盡善之處, 大會有權隨時修改, 無須另行通知。

# 34<sup>th</sup> Hong Kong Open Sport Climbing Competition

Date : **February 5, 2023 (Sunday)**  
 Venue : Tsuen Wan Sports Centre (53 Wing Shun Street, Tsuen Wan, Kowloon)  
 Enrollment : Mail the completed entry form together with a crossed cheque made payable to "China Hong Kong Mountaineering and Climbing Union Ltd." to Room 1013, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong.  
 Prize : 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Prize in each category. (For those categories with less than 5 entries, only 1<sup>st</sup> prize will be awarded.)  
 Quota : 100 persons  
 Deadline : Postmarked by **January 26, 2023 (Thursday)**  
**"Late application will not be accepted"**  
 Enquiries : 2504 8427  
 Web-site : [www.chkmcu.org.hk](http://www.chkmcu.org.hk)



# 第 34 屆 香港 運動 攀登 公開 賽



## 34<sup>th</sup> Hong Kong Open Sport Climbing Competition

資助

### 報名表 Entry Form

中文姓名 \_\_\_\_\_ 英文姓名 \_\_\_\_\_  
 Name in Chinese: \_\_\_\_\_ Name in English: \_\_\_\_\_

身份證號碼 \_\_\_\_\_ 出生日期 \_\_\_\_\_ 年齡 \_\_\_\_\_ 性別 \_\_\_\_\_  
 I.D. Card No. : \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

地址 \_\_\_\_\_  
 Address: \_\_\_\_\_

聯絡電話 \_\_\_\_\_ 電郵 \_\_\_\_\_  
 Contact No.: \_\_\_\_\_ Email: \_\_\_\_\_

- 組別  1) 男子公開組 Men's Open  2) 女子公開組 Women's Open  
 Category:  3) 男子初級組 Men's Amateur  4) 女子初級組 Women's Amateur  
 5) 男子 12-15 歲 Boys' Age 12-15  6) 女子 12-15 歲 Girls' Age 12-15

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Category	Entry Requirement	Form of competition	Entry fee
Men's Open	Aged 16 or above (Born in 2007 or before) or Squad team members (No age limitation)	Lead	HK\$350
Women's Open			
Men's Amateur	Aged 16 or above (Born in 2007 or before) & Did not gain any prize at CHKMCU's Lead competitions (Include Open or Amateur)		
Women's Amateur			
Boys' Age 12-15	Aged 12-15 (Born in 2008-2011)		HK\$200
Girls' Age 12-15			

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- Remarks:
- Event information & starting order shall be uploaded on CHKMCU website: [www.chkmcu.org.hk](http://www.chkmcu.org.hk) 5 days before the day of the event. Participants must browse on their own.
  - Each participant can enter into one category only.
  - NO eating in Isolation Zone and Competition Area.**
  - Participants cannot enter into the competition venue one week before the day of the event.
  - All competitors must wear the competition white vest.** From 2019 onward, you may buy it @\$80 from the Organizer. You may also wear the previous CHKMCU competitions' white vest.
  - All participants are required to compete with their own harness and climbing shoes. You may rent-harness @\$50 from the Organizer if needed.
  - In order to reduce the risk of virus spreading, each participant should pay attention for personal measurement of epidemic prevention.
  - The organizer reserves the right to cancel the event in response to epidemic prevention measures. The refund arrangements will be announced afterwards if needed.
  - The information provided by you will only be used for enrollment and promotion of recreation and sports activities organized by our Union and co-organizing parties. For correction or access to personal data after submission of this form, please contact the staff of the Union.
  - In case of any deficiency, the organizer reserves the right to amend above information at any time without further notice.

**聲明:** 本人的健康及體能良好，適宜參加上述活動。本人並願意遵守大會一切規則及裁決，並明白此項運動帶有危險性，如因本人疏忽、技術、健康或體能欠佳，而引致於參加這項比賽時有任何傷亡，主辦單位則無須負責。  
**Declaration:** I declare that I am physically fit and healthy, suitable to participate in the event I apply for. I fully understand and agree that the organizing bodies, co-organizing bodies and its supporting bodies will not be responsible or liable for any injury or death resulting from the event if cause of injury or death is due to my own negligence or inadequacy in skill, health and fitness.

簽署 \_\_\_\_\_ 團體/學校蓋印(如有) \_\_\_\_\_ 日期 \_\_\_\_\_  
 Signature: \_\_\_\_\_ Association's/School's Chop(if any): \_\_\_\_\_ Date: \_\_\_\_\_

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凡未滿十八歲者，必須由家長或監護人簽署「同意書」方可參加。  
 Parents' or guardian's signature is required for participants under 18.  
 本人明白以上內容並同意敝子弟參加是次賽事。  
 I understand the above-mentioned contents and permit my son/daughter to take part in this competition.

家長 / 監護人姓名 \_\_\_\_\_ 簽署 \_\_\_\_\_ 日期 \_\_\_\_\_  
 Parent's / Guardian's Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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由 2019 年起，大會將不再免費提供出賽背心。如有需要，請另附支票\$80 購買「抬頭“中國香港攀山及攀登總會有限公司”。你亦可穿著過往參與攀總比賽的白色比賽背心。From 2019 onward, the Organizer will not provide free competition vest. If you need to buy, please prepare another \$80 crossed cheque made payable to "China Hong Kong Mountaineering and Climbing Union Limited". You may also wear the past CHKMCU competitions' white vest.  
 另購出賽 T-恤呎碼 Competition T-shirt size for purchase:

碼 / 胸圍	XS / 34	S / 36	M / 38	L / 42	XL / 44	XXL / 50
請加✓號						