



主辦

# 速度攀登錦標賽 2022



資助

練習日期 : 2022 年 12 月 4 (星期日) 及 12 月 10 日 (星期六) 下午 3 時至 7 時  
 比賽日期 : 2022 年 12 月 17 日 (星期六) 下午  
 比賽地點 : 天水圍天暉路體育館 (新界天水圍天瑞路 63 號)  
 報名 : 填妥報名表並連同劃線支票 (抬頭“中國香港攀山及攀登總會有限公司”) 寄回 : 香港銅鑼灣掃桿埔大球場徑一號奧運大樓 1013 室  
 獎項 : 每組設有冠、亞及季軍 (少於五人參加之組別, 只設冠軍。)  
 截止日期 : 2022 年 11 月 24 日 (星期四) “以郵戳為準, 逾期報名, 恕不接受”  
 查詢 : 2504 8427  
 網頁 : [www.chkmcu.org.hk](http://www.chkmcu.org.hk)

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組別	參賽資格	項目	報名費
M - U18+**	18 歲或以上 (以年份計算 2004 年或之前出生)	速度 (15 米 成人賽道)	\$150
F - U18+**			
M - U17**	14-17 歲 (以年份計算 2005-2008 年出生)		
F - U17**			

\*\*U18+ 及 U17 組別中, 成績突出/ 具潛質者, 將有機會參加集訓隊 - 速度隊選拔。通過測試者, 將可加入集訓隊速度隊。經培訓後, 有機會代表香港參加國際賽事。

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### 備註 :

1. 賽員須知及出場序將於比賽前 5 個工作天上載於總會網站 [www.chkmcu.org.hk](http://www.chkmcu.org.hk), 參加者必須自行瀏覽。
2. 參加者須自備安全帶及攀石鞋作賽。大會將備有少量安全帶供租用, 費用每次\$50。
3. 賽員請盡量抽空出席練習日。
4. 比賽範圍內不准進食。
5. 賽員必需穿著大會指定比賽背心。由 2019 年起, 大會將不再免費提供比賽背心, 賽員需另付\$80 購買。你亦可穿著過往參與攀總比賽的白色比賽背心。
6. 注意個人防疫措施, 以減低病毒傳播風險。
7. 大會有權因應防疫措施取消有關訓練及比賽, 有關退款安排將會容後公佈。
8. 如以上資料有未盡善之處, 大會有權隨時修改, 無須另行通知。
9. 你所提供的資料只用於本會與合辦機構的康體活動報名事宜及活動宣傳之用。在遞交申請表後, 如欲更改或查詢你的個人資料, 可與本會職員聯絡。



# National Climbing Competition – Speed 2022



# 速度攀登錦標賽 2022 National Climbing Competition – Speed 2022



Practice date : **December 4 (Sunday) and December 10, 2022 (Saturday)**  
 Date : **December 17, 2022 (Saturday)**  
 Venue : Tin Fai Road Sports Centre (63 Tin Shui Road, Tin Shui Wai)  
 Enrollment : Mail the completed entry form together with a crossed cheque made payable to “China Hong Kong Mountaineering and Climbing Union Ltd.” to Room 1013, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong.  
 Prize : 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Prize in each category. (For those categories with less than 5 entries, only 1<sup>st</sup> prize will be awarded.)  
 Deadline : Postmarked by **November 24, 2022 (Thursday)**  
**“Late application will not be accepted”**  
 Enquiries : 2504 8427  
 Web-site : [www.chkmcu.org.hk](http://www.chkmcu.org.hk)

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Category	Entry Requirement	Form of competition	Entry fee
M - U18**	Aged 18 or above (Born in 2004 or before)	Speed (15m Adult Route)	HK\$150
F - U18**			
M - U17**	Aged 14-17 (Born in 2005-2008)		
F - U17**			

\*\* U18+ and U17 participants with outstanding results/ potential candidates will be invited to join the selection program for Speed Squad.

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### Remarks:

- Event information & starting order shall be uploaded on CHKMCU website: [www.chkmcu.org.hk](http://www.chkmcu.org.hk), 5 days before the day of the event. Participants must browse on their own.**
- All participants are required to compete with their own harness and climbing shoes. You may rent the harness @\$50 from the Organizer if needed.**
- Participants are encouraged to take part in practice day.**
- No eating is allowed in competition area.
- All participants must wear the competition vest.** From 2019 onward, the Organizer will charge \$80 for each competition vest. You may also wear the previous CHKMCU competitions' white vest.
- In order to reduce the risk of virus spreading, each participant should pay attention for personal measurement of epidemic prevention.**
- The organizer reserves the right to cancel the practice and competition in response to epidemic prevention measures. The refund arrangements will be announced afterwards.**
- In case of any deficiency, the organizer reserves the right to amend the above information at any time with further notice.
- The information provided by you will only be used for enrollment and promotion of recreation and sports activities organized by our Union and co-organizing parties. For correction of or access to personal data after submission of this form, please contact the staff of the Union.

主辦

## 報名表 Entry Form

資助

中文姓名 \_\_\_\_\_ 英文姓名 \_\_\_\_\_  
 Name in Chinese: \_\_\_\_\_ Name in English: \_\_\_\_\_  
 身份證號碼 \_\_\_\_\_ 出生日期 \_\_\_\_\_ 年齡 \_\_\_\_\_ 性別 \_\_\_\_\_  
 I.D. Card No. : \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_  
 聯絡電話 \_\_\_\_\_ 電郵 \_\_\_\_\_  
 Contact No.: \_\_\_\_\_ Email: \_\_\_\_\_

比賽組別	<input type="checkbox"/> 1) M – U18+	<input type="checkbox"/> 2) F – U18+
Category:	<input type="checkbox"/> 3) M – U17	<input type="checkbox"/> 4) F – U17

練習時間 Practice time:	請按志願填寫 1, 2 Please indicate your preference in 1, 2	請按志願填寫 1, 2 Please indicate your preference in 1, 2
		4/12/2022 (星期日)
1500-1700		
1700-1900		

因需控制人流，參加者只可報名參加同一天其中一節練習。所有參加練習的賽員必須事前報名方可進入場地。不設即場報名。For better crowd control, each participant could only join one practice session in each day. All participants who want to join the practice must register beforehand. No walk-in is allowed.

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由 2019 年起，大會將不再免費提供出賽背心。如有需要，請另附支票 \$80 購買，抬頭“中國香港攀山及攀登總會有限公司”。**你亦可穿著過往參與攀總比賽的白色比賽背心。** From 2019 onward, the Organizer will not provide free competition vest. If you need to purchase, please prepare **another \$80 cross cheque** made payable to “China Hong Kong Mountaineering and Climbing Union Limited”. **You may also wear the past CHKMCU competitions' white vest.**

另購出賽 T-恤呔碼 Competition T-shirt size for purchase:

碼 / 胸闊	XS / 34	S / 36	M / 38	L / 42	XL / 44	XXL / 50
請加✓號						

**聲明：**本人願意遵守大會一切規則及裁決，並明白此項運動帶有危險性，如因參加比賽而導致本人身體有任何傷亡均與主辦/協辦單位無關，本人將不予追究。

**Declaration:** I, the undersigned, agree that I take part in this competition entirely at my own risk and that I will not hold the organizer/co-organizer, responsible for any accident of whatever kind, resulting in death or injury, or for any damage to or loss or destruction of personal property during the course of the event. In addition, I will comply with all regulation and verdict from the organizer.

簽署 \_\_\_\_\_ 團體/學校蓋印(如有) \_\_\_\_\_ 日期 \_\_\_\_\_  
 Signature: \_\_\_\_\_ Association's/School's Chop(if any): \_\_\_\_\_ Date: \_\_\_\_\_

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凡未滿十八歲者，必須由家長或監護人簽署以下「同意書」方可參加\*

\*\* Parents or guardian's signature is required for participant under 18. \*\*

本人明白以上內容並同意敝子弟參加是次賽事。

I understand the above mentioned contents and permit my son/daughter to participate in this competition.

家長/監護人姓名 \_\_\_\_\_ 簽署 \_\_\_\_\_ 日期 \_\_\_\_\_  
 Parents/Guardian's Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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