



## 第 31 屆 香 港 運 動 攀 登 公 開 賽

- 比賽日期 : 2019 年 12 月 8 日 (星期日)  
 比賽地點 : 荃灣體育館 (荃灣永順街 53 號)  
 報名 : 填妥報名表並連同劃線支票 (抬頭“中國香港攀山及攀登總會有限公司”) 寄回 : 香港銅鑼灣掃桿埔大球場徑一號奧運大樓 1013 室  
 獎項 : 每組設有冠、亞及季軍 (少於五人參加之組別, 只設冠軍一名)  
 名額 : 100 人  
 截止日期 : 2019 年 11 月 15 日 (星期五) “以郵戳作準, 逾期報名, 恕不接受”  
 查詢 : 2504 8125  
 網頁 : [www.chkmcu.org.hk](http://www.chkmcu.org.hk)

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組別	參賽資格	項目	報名費 (不包括比賽 T 恤)
男子公開組	16 歲或以上 (2003 年或之前出生)	難度 - 領攀	HK\$250
女子公開組	或 集訓隊成員 (年齡不限)		
男子初級組	16 歲或以上 (2003 年或之前出生)		
女子初級組	及 未曾在攀總舉辦之難度賽公開 或初級組別中獲得任何獎項		

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### 備註 :

- 賽員須知及出場序將於比賽前 5 個工作天上載於總會網站 [www.chkmcu.org.hk](http://www.chkmcu.org.hk), 參加者必須自行瀏覽。
- 每人只可參加一個組別。
- 參加者需自備食物及飲品。
- 參加者於比賽前一星期內不可擅自進入比賽場地。
- 賽員必需穿著大會指定比賽背心。由 2019 年起, 大會將不再免費提供比賽背心, 賽員需另付 \$80 購買。你亦可穿著過往參與攀總比賽的白色比賽背心。
- 你所提供的資料只用於本會與合辦機構的康體活動報名事宜及活動宣傳之用。在遞交申請表後, 如欲更改或查詢你的個人資料, 可與本會職員聯絡。
- 如以上資料有未盡善之處, 大會有權隨時修改, 無須另行通知。

**31<sup>st</sup> Hong Kong Open Sport Climbing Competition**

Date : **December 8, 2019 (Sunday)**  
 Venue : Tsuen Wan Sports Centre (53 Wing Shun Street, Tsuen Wan, Kowloon)  
 Enrollment : Mail the completed entry form together with a crossed cheque made payable to “China Hong Kong Mountaineering and Climbing Union Ltd.” to Room 1013, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong.  
 Prize : 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Prize in each category. (For those categories with less than 5 entries, only 1<sup>st</sup> prize will be awarded.)  
 Quota : 100 persons  
 Deadline : Postmarked by **November 15, 2019 (Friday)**  
**“Late application will not be accepted”**  
 Enquiries : 2504 8125  
 Web-site : [www.chkmcu.org.hk](http://www.chkmcu.org.hk)



**第 31 屆 香港 運動 攀 登 公 開 賽**  
**31<sup>st</sup> Hong Kong Open Sport Climbing Competition**  
**報名表 Entry Form**

中文姓名 \_\_\_\_\_ 英文姓名 \_\_\_\_\_  
 Name in Chinese: \_\_\_\_\_ Name in English: \_\_\_\_\_  
 身份證號碼 \_\_\_\_\_ 出生日期 \_\_\_\_\_ 年齡 \_\_\_\_\_ 性別 \_\_\_\_\_  
 I.D. Card No. : \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_  
 地址 \_\_\_\_\_  
 Address: \_\_\_\_\_  
 聯絡電話 \_\_\_\_\_ 電郵 \_\_\_\_\_  
 Contact No.: \_\_\_\_\_ Email: \_\_\_\_\_  
 組別  1) 男子公開組 Men's Open  2) 女子公開組 Women's Open  
 Category:  3) 男子初級組 Men's Amateur  4) 女子初級組 Women's Amateur

Category	Entry Requirement	Form of competition	Entry fee (including T-shirt)
Men's Open	Aged 16 or above (Born in 2003 or before) or Squad team members (No age limitation)	Lead	HK\$250
Women's Open			
Men's Amateur	Aged 16 or above (Born in 2003 or before) &		
Women's Amateur	Did not gain any prize at CHKMCU's Lead competitions (Include Open or Amateur)		

**Remarks:**

- Event information & starting order shall be uploaded on CHKMCU website: [www.chkmcu.org.hk](http://www.chkmcu.org.hk), 5 days before the day of the event. Participants must browse on their own.**
- Each participant can enter into one category only.
- Participants have to prepare their own food and drink.
- Participants cannot enter into the competition venue one week before the day of the event.
- All competitors must wear the competition vest.** From 2019 onward, the Organizer will charge \$80 for each competition vest. **You may also wear the previous CHKMCU competitions' white vest.**
- The information provided by you will only be used for enrollment and promotion of recreation and sports activities organized by our Union and co-organizing parties. For correction of or access to personal data after submission of this form, please contact the staff of the Union.
- In case of any deficiency, the organizer reserves the right to amend the above information at any time with further notice.

**聲明:** 本人願意遵守大會一切規則及裁決，並明白此項運動帶有危險性，如因參加比賽而導致本人身體有任何傷亡均與主辦/協辦單位無關，本人將不予追究。

**Declaration:** I, the undersigned, agree that I take part in this competition entirely at my own risk and that I will not hold the organizer/co-organizer, responsible for any accident of whatever kind, resulting in death or injury, or for any damage to or loss or destruction of personal property during the course of the event. In addition, I will comply with all regulation and verdict from the organizer.

簽署 \_\_\_\_\_ 團體/學校蓋印(如有) \_\_\_\_\_ 日期 \_\_\_\_\_  
 Signature: \_\_\_\_\_ Association's/School's Chop(if any): \_\_\_\_\_ Date: \_\_\_\_\_

**凡未滿十八歲者，必須由家長或監護人簽署以下「同意書」方可參加\***  
**\*\* Parents or guardian's signature is required for participant under 18. \*\***

本人明白以上內容並同意敝子弟參加是次賽事。

I understand the above mentioned contents and permit my son/daughter to participate in this competition.

家長/監護人姓名 \_\_\_\_\_ 簽署 \_\_\_\_\_ 日期 \_\_\_\_\_  
 Parents/Guardian's Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

由 2019 年起，大會將不再免費提供出賽背心。如有需要，請另附支票\$80 購買，抬頭“中國香港攀山及攀登總會有限公司”。**你亦可穿著過往參與攀總比賽的白色比賽背心。** From 2019 onward, the Organizer will not provide free competition vest. If you need to purchase, please prepare another \$80 cross cheque made payable to “China Hong Kong Mountaineering and Climbing Union Limited”. **You may also wear the past CHKMCU competitions' white vest.**

另購出賽 T-恤呎碼 Competition T-shirt size for purchase:

碼 / 胸闊	XS / 34	S / 36	M / 38	L / 42	XL / 44	XXL / 50
請加✓號						